

Toast It-Delicious Raisin Bread

Do this some morning and surprise the family: Serve hot raisin toast at breakfast, made from full-fruited, luscious raisin bread. Let your husband try it with his coffee. Hear what he says.

Your grocer or bake shop can supply the proper bread. No need to bake at home.

Made with big, plump, tender, seeded Sun-Maid Raisins, and if you get the right kind there's a generous supply of these delicious fruit-meats in it.

Insist on this full-fruited bread and you'll have luscious toast.

Rich in energizing nutriment and irongreat food for business men.

Make most attractive bread pudding with left-over slices. There's real economy in bread like this.

Try tomorrow morning. A real surprise. Telephone your dealer to send a loaf today.



Sun-Maid Seeded Raisins

Make delicious bread, pies, puddings, cakes, etc. Ask your grocer for them. Send for free book of tested recipes.

Sun-Maid Raisin Growers Membership 13,000 Dept. N-17-12, Fresho, Calif.

OLD NAMES BACK IN FAVOR

"Mary" and "Eliza" Again in Style, After Having Suffered a Temporaty Eclipse.

Old-fashioned names are again in style, and the greatest of them all-Mary-heads the list of present day Detroit brides, says Bert Maloney, marriage license clerk.

"I have a passion for the name of Mary," sang Byron, and many a poetical Detroiter will experience a cuddly feeling at the news that the old names are back again.

The popular Sarahs Anns, Agneses and Janes of Byron's time gave way to the Ermentrudes, Clarisses and Ysobels of recent yesterdays, but now they're coming into their own again.

Of course, "Mary" never went entirely out. There's something elemental in it that defies banishment, plate. It's an ancient name of many tongues, symbolically connected with motherhood, with Isis and the moon tles and cushions at him. and with the regeneration of man. -Detroit News.

Mosquito's Strong Wing Muscles. wing muscles are equal in strength to and his little wife said; an eagle's. A mosquito can fly 50 miles wind three times that distance.

In Fear and Trembling.

One afternon I was taking a party of friends to a theater in town from our home in a suburb. My fiance had kindly insisted upon my taking his commutation ticket to pay the fare. Neither of us noticed the words "Not transferable" at the top. When the conductor came in I handed him the ticket.

Fixing me with a glare, he exploded, 'Are you Albert M. Curran?"

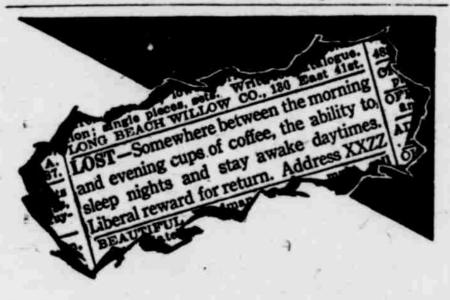
With fear and trembling I had to explain to him the whole situation. fearing all the while that he would put us all off at the next station and I had not enough money to pay our way, back. Finally, most unwillingly, he permitted us to ride on the ticket-Chicago Tribune.

No Peace for Umpire Anywhere. The umpire called him out at the

Immediately 20,000 fans rose from their seats and began burling pop bot-

"Robber! Thief!" they shouted, and chased him from the lot. That evening by the side streets he managed to reach home safely in time for In proportion to size, a mosquito's his dinner. He sat down at the table

"Bill, I was at the game this after without a halt, and with a helping noon, and you certainly were rotten That man was safe by a rdle."



You will find in Postum a delightful and satisfying mealtime beverage, with no element which can harm nerves and digestion-or cause wakeful nights and dull days.

Your grocer has Postum in two forms: Instant Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for fully 20 minutes.

Made by Postum Cereal Co., Inc., Battle Creek, Mich.

TEMPERATURE DURING DAY HAS BEEN HIGH AND BENEFI-CIAL TO CROPS.

WEATHER CONDITIONS GOOD

Boll Weevils Have Recently Appeared In Western Counties .- But Damage is Slight.

Lake County .- The cotton crop in this county has improved since last month as the weather has been dry and people have worked the land and crops are generally clean. The lowlands, that were covered by overflow and has been planted to cotton, has a good stand and is being worked out. Taken all together, Lake County, Tenn, has the best prospect for a good cotton crop that it has had for several years.

Haywood County.-The crop has gotten off to a start, and stands are exceptional. A plentiful supply of labor has kept the work up with the growth of the plant. The weatner for the past two weeks has been ideal to the rapid growth of the plant, and the hot days and nights ave produced a result desired in the growth and appearance of the crop in Haywood County.

Hardin County.—Prospect for a cot-

ton crop is not flattering, only about 60 per cent normal. The past two weeks has been favorable for the plant in heat, cultivation and moisture. But few fields shows up in 100 per cent condition, and the acreage is extremely small.

Lauderdale County.-The past 30 days the weather has been favorable for cotton, yet in some sections of the county a good rain would help at this time. The plant is healthy, practically all is up to a stand and work is progressing well. Most fields are free of grass.

Benton County.-The weather for the past three weeks has been very favorable to the cotton crop. The farmers report that they are almost through planting and that the dry, warm weather is certainly good on that which is up and coming up. No boll weevil have appeared here yet and very few are expected this year in this county. Farmers come delighted with their crops of all so far, and while they are put ing, yet a good rain would be

Gibson County .- The past 10 days weather has been very favorable for cotton. The absence of rain during that time has given the farmers a chance to get rid of the weeds and grass, and give the fields proper cu tivation and the hot weather has give en the plants a good start. Previous to that the weather had been too cool. especially the nights, and rains too frequent.

Fayette County. - County demonstration agent states in Fayette Weekly Falcon of date of June 16. that: "Boll weevil continues to be found in all parts of Fayette County. Out of 30 farms inspected this past week, 28 had weevils in the cotton. There is no reason for folks getting panicky, but it is a reason for making prepartions for a scrap with the weevil. Favette County cannot depend upon poisoning weevils entire-ly to get rid of them. We must practice good cultivation and good common sense and polson too, if we can. Pick every weevil possible from top of the bud of cotton, near stumps, thickets, and ditch banks. Pick up all fallen and punctured squares weekly and burn them. Cultivate regularly every week or 10 days through into August to keep fallen squares raked in to parch up and kill the young weevils inside."

Henderson County. - The cotton crop is in fairly good condition. Although hindered greatly in cultivation by much rain until a forenight ago, farmers have cleaned out their crops quite well in the past two weeks. In two or three sections of

-re bolt erroll are reported and several have been brough to town to be inspected by the county farm demonstration agent. The plant looks healthy, is luxuriant with foilage, and gives indications of continued healthy growth.

Carroll County .- The weather conditions the past 30 days have been favorable. Twenty-five per cent of the early cotton is setting squares and blooms are confidently expected by July 4, the average date of blooming in this county. The prospects for a good crop are as good as last year, and there has been an increase of 25 per cent in acreage, also in the use of fertilizer.

Henry County.-With all the acreore planted, favorable weather conditions and no appearance of the boll weevil, the prospects for a good 1922 cotton crop are very gratifying to the farmers.

Madison County.-Hot weather the past week has aided the cotton crop wonderfully. There is about a 16 per cent increase in acreage over last year. The stand is considered very good. No boll weevil has appeared in Madison so far, but warnings have been issued that the weevil are in ajoining counties.

The Young Mother.

THE ILLS OF INFANTS AND CHILDREN should be so well known to the youngest of mothers that a reminder or a repetition of the symptoms of illness seems unnecessary, yet there are some mothers who overlook a feverish condition, a little colic, or a disposition to be irritable. If not corrected they may lead to serious sickness. And to correct them, to bring Baby back to its happy self, is so easy by the use of Castoria—a medicine prepared just for infants and children. It will regulate the bowels (not force them), aid digestion and so bring quiet and rest.

Fletcher's Castoria has been doing this for over 30 years; regulating the stomach and bowels of infants and children. It has replaced the nauseating Castor Oil, so-called Soothing Syrups, poisonous Paregoric and other vicious concoctions in the homes of true and honest mothers - mothers who love their children.

Those mothers will give their babies foods and medicines especially prepared for infants and children.

Charte Street Net Contents 15 Fluid D 900 DROPS ALCOHOL-S PER CENT. AVegetable Preparation firsh similating the Food by Regulating the Stomachs and Bowels of INIANIS CHILDRIS Thereby Promoting Digests. Cheerfulness and Rest Contain neither Opium, Morphine se fineral. NOT NARGOTE AND CHILD STREET A helpful Remedy for Constipation and Diarrhoe and Feverishness and LOSS OF SLEEP unting therefrom in Infancy Pac Simile Signature of MOTHERS SHOULD READ THE SOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA NEW YORK.

Children Cry For

A Word About Truth.

"Great is Truth, and mighty above all things." So says the Old Testament, yet it is equally true to-day. Truth shows no favors, fears no enemies.

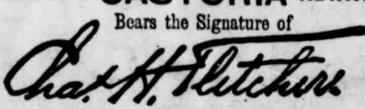
From the inception of Fletcher's Castoria, Truth has been the watchword, and to the conscientious adherence to this motto in the preparation of Fletcher's Castoria as well as in its advertising is due the secret of its popular demand.

All imitations, all substitutes, all just-as-good preparations lack the element of Truth, lack the righteousness of being, lack all semblance even in the words of those who would deceive.

And you! Mothers, mothers with the fate of the World in your hands, can you be deceived? Certainly not.

Fletcher's Castoria is prepared for Infants and Children. It is distinctly a remedy for the little-ones. The BABY'S need for a medicine to take the place of Castor Oil, Paregoric and Soothing Syrups was the sole thought that led to its discovery. Never try to correct BABY'S troubles with a medicine that you would use for yourself.

GENUINE CASTORIA ALWAYS



Flora-"Does he have much to say?" Fan-"No, but that doesn't keep him from talking a great deal."

At 6 months old

35 Doses 40CENT

The trouble about looking up to people is that it encourages them to look down upon us.

Benham-"I am afraid of a blood clot on the brain." Mrs. Benham-"Cheer up; it can't be a big clot,"

Even when a man does have greatness thrust upon him he really thinks that he achieved it.

Very Particular. Hotel Clerk-"Will you want a private bath?" Waybrook-"Yes. 1 don't fancy those swimming pools."-Judge.

It never rains but it pours, and when one cloud disappears they all do.

2 or 3 Cans of Baking Powder

Are Not Worth the Price of One

If they are the "big can and cheap" kind because they may mean baking failures

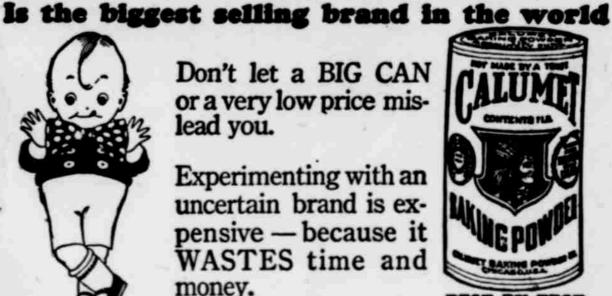
GALUMET

The Economy BAKING POWDER



Don't let a BIG CAN or a very low price mislead you.

Experimenting with an uncertain brand is expensive - because it WASTES time and money.



The World's Greatest Baking Powder Gives Cheerful New Color Tone to Old Curtains PUTNAM FADELESS DYES—dyes or tints as you wish